

TX Academy Star Steppers  
281-354-6521  
www.txacademy.com

## Technique & Ballet Classes

**Class Tuition:** \$75.00 a month for technique Class A \$10 monthly discount will be given if automatic tuition payment is set up. (Credit Card or Post-Dated Checks) Additional discounts are available for multiple classes.

**Class Attire:** Wear your dancewear of choice. We encourage individuality and freedom of expression. Shoes suggested are foot undies..

**Class Performances:** This is a non-performance class.

**Teaches character traits to last a lifetime.**

**This lesson plan teaches the following: Progressive technique to further the dancer.**

Confidence	Aids Physical Fitness	Leadership	New Skills & Techniques
Sportsmanship	Poise	Positive Thinking	Timing & Flexibility
Discipline	Dance Steps	Positive Self Image	Coordination
and much more.....			

**Class Goals:** To teach Respect, Responsibility, Reaching for Goals, and much more.

Our class is as follows: The parents will get a curriculum of skills learned the first class!

1. Warm-ups - A choreographed warm-up is done in an efficient and timely manner and allows the student instructor to lead the routine while the Instructor observes the student and reinforces proper stretching. Students need to be on time. The warm-up aids in flexibility and is very important to proceed with the class.
2. Roll Call - Please call the studio when you are absent. Absences hold up the progress of class.
3. Across the floor techniques and Center Floor - This is one on one with the student and reinforces new skills learned. Students learn terminology for jumps, turns, kicks, leaps, and much more.
4. Condition Exercises - Reinforces the exercises they should be doing at home to condition and letting the muscles cool down.

We thank-you for putting your trust in us to educate your child with the latest forms of dance and in return giving your child the confidence to succeed in life!